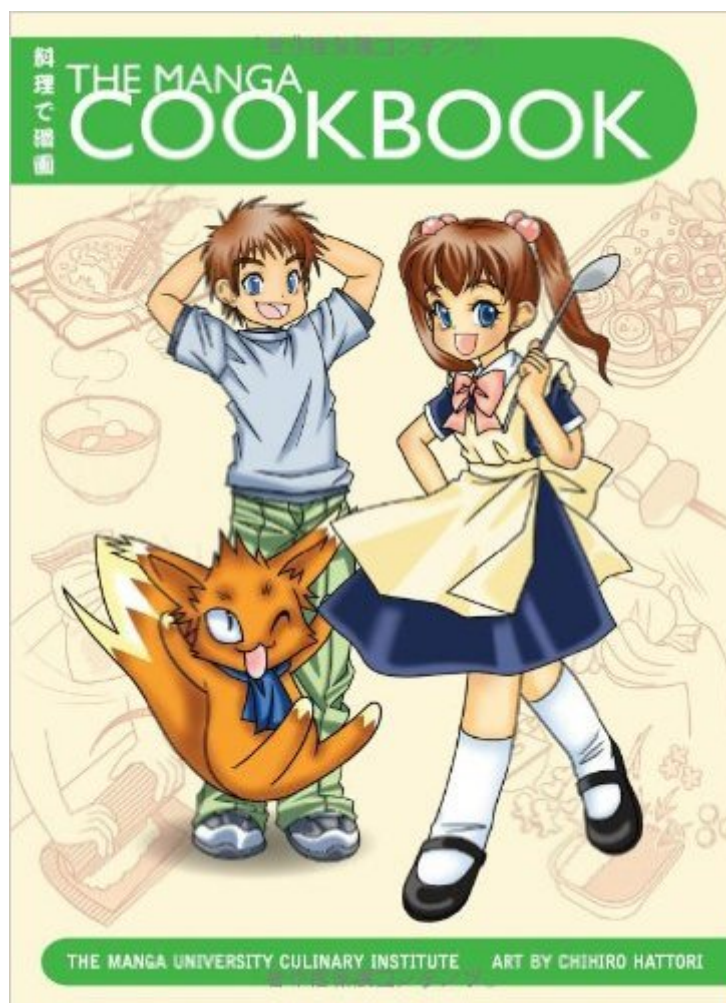


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# The Manga Cookbook: Japanese Bento Boxes, Main Dishes And More!



## Synopsis

Reading manga sure can make a person hungry! Food appears frequently in Japanese comics, but what exactly is it that the characters are eating? Introducing *The Manga Cookbook*, an illustrated step-by-step guide to preparing simple Japanese dishes using ingredients found in every Western kitchen. Learn to identify and make the same things you see in all your favorite manga: authentic onigiri (rice balls), yakitori (skewered chicken), oshinko (pickled vegetables), udon (Japanese noodles), okonomiyaki (Japanese-style pizza) and many others! Includes sections on how to assemble bento boxed lunches and properly use chopsticks. Features original manga illustrations by Chihiro Hattori. Soon, you too can enjoy a meal fit for a manga character!

## Book Information

Paperback: 158 pages

Publisher: Japanime Co. Ltd. (December 12, 2007)

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Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (190 customer reviews)

Best Sellers Rank: #50,228 in Books (See Top 100 in Books) #21 in [Books > Cookbooks, Food & Wine > Asian Cooking > Japanese](#) #481 in [Books > Arts & Photography > Graphic Design](#) #669 in [Books > Cookbooks, Food & Wine > Regional & International](#)

## Customer Reviews

The Manga Cookbook is a lovely little collection of Japanese recipes, illustrated with manga-style drawings and accompanied by notes about Japanese culture. The dishes run the gamut from simple steamed rice to complicated multistep affairs, and following the Japanese tradition, the authors pay attention to appearance as well as taste. The book begins with a few simple decorative tricks, converting an apple to a rabbit, a hardboiled egg to a bird, and a hot dog to an octopus. Next up is steamed rice and onigiri (rice balls), with the obligatory shout-out to Fruits Basket, in which onigiri are a small but important plot element. Other common manga foods include chicken yakitori (kebabs), okonomiyaki (vegetable pancakes), and three-color dango (pastel dumplings on a stick). Several pages are devoted to the construction and decoration of bento box lunches. And no manga book would be complete without Naruto--specifically, Naruto rolls, spirals of ham, cheese, and nori

(seaweed) that recall the decorations on the famed boy ninja's jacket. The recipes are presented by three supercute manga characters: perky Miyuki; her boyfriend, Hiroshi; and their cat mascot, Coo. Each section begins with a full-page cartoon followed by a list of ingredients and step-by-step illustrations of the dish being prepared. Many are followed by cultural notes. Unfortunately, the last 26 pages are just blank notebook pages with the heading "Cook's Notes," which is a lot of empty space in a book that is just 160 pages long. The Young Adult Library Services Association (YALSA) chose The Manga Cookbook as one of their Quick Picks for Reluctant Young Readers, and it's easy to see why.

This book has an incredible amount of good info for beginners! Love it!! So glad my daughter chose it, because I never would have guessed a "Manga" cookbook would refer to awesome Bento!! I bought several Bento items for my daughter for Christmas, including Totoro-themed Bento Boxes, sauce containers, bento bags, recipe books, etc.. She's having a lot of fun creating lunches for her Bento box. And her dad is also reaping the benefit. :) I'll share all the items we bought as we launched wholesale into the Bento adventure. We've cooked many interesting meals - no misses yet! And everyone's had fun with their Bento boxes. Even my husband is enjoying his, which was a surprise. Since we were starting Bento from scratch, we bought some Bento cookbooks, even though we have some Japanese cookbooks already: The Just Bento Cookbook: Everyday Lunches To

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Cookbook [http://smile.com/gp/product/4921205078?redirect=true&ref\\_=cm\\_cr\\_ryp\\_prd\\_ttl\\_sol\\_0](http://smile.com/gp/product/4921205078?redirect=true&ref_=cm_cr_ryp_prd_ttl_sol_0) and several Bento items to accommodate lunches with and without soup, etc. Her main bento box (she never microwaves it, and she washes it by hand). It came with chopsticks, but she also wanted the Totoro utensil set listed below which fits in her bag nicely with this box.

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